



YMCA POOL SCHEDULE

EFFECTIVE: AUGUST 15, 2011

MONDAY

6:00am - 5:30pm	Lap/Open Adult/Sr Swim/Water Walking
9:45am - 11:00am	Water Fitness Class
11:00am - 12:00pm	Water Fitness Class
5:30pm - 6:30pm	Water Fitness Class
6:30pm - 7:45pm	Open Swim w/Lifeguard On Duty

TUESDAY

8:00am - 5:30pm	Lap/Open Adult/Sr Swim/Water Walking
5:30pm - 6:30pm	Water Fitness Class
6:30pm - 7:45pm	Open Swim w/Lifeguard On Duty

WEDNESDAY

6:00am - 5:30pm	Lap/Open Adult/Sr Swim/Water Walking
9:45am - 11:00am	Water Fitness Class
11:00am - 12:00pm	Water Fitness Class
5:30pm - 6:30pm	Water Fitness Class
6:30pm - 7:45pm	Open Swim w/Lifeguard On Duty

THURSDAY

8:00am - 5:30pm	Lap/Open Adult/Sr Swim/Water Walking
5:30pm - 6:30pm	Water Fitness Class
6:30pm - 7:45pm	Open Swim w/Lifeguard On Duty

FRIDAY

6:00am - 6:45pm	Lap/Open Adult/Sr Swim/Water Walking
9:45am - 11:00am	Water Fitness Class
11:00pm - 12:00pm	Water Fitness Class
7:00pm - CLOSED	

SATURDAY

2:00pm - 4:45pm	Open Swim w/Lifeguard On Duty
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SUNDAY

CLOSED

WATER FITNESS CLASS

DAYS: Monday, Tuesday, Wednesday & Thursday

COST: "Y" Members: 12 Class Punch Card \$20.00
Non-Members: 12 Class Punch Card \$25.00

TIME: 5:30 pm - 6:30 pm